

My Swallowing Test: VFSS

(Videofluoroscopic Swallow Study)

Why am I having this test?

To see how I am eating and drinking and how to help me swallow.



Where is the test done?

A transporter will bring me to Radiology on a stretcher or in a wheelchair.



What do I do?

I will eat and drink different foods and liquids mixed with barium (contrast). They may taste a little chalky.



What does the X-Ray see?

The camera takes a moving X-ray picture while I eat and drink. It shows how the food and liquid travels down my throat.

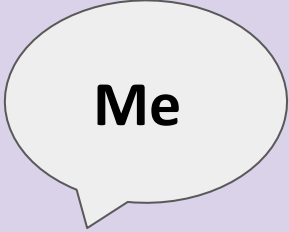


What happens after the test?

The SLP will talk to me about what they saw. They will make a plan with me about foods and liquids or if I need to wait to eat and drink.



SLP



Me