

My Swallowing Test: FEES

(Fiberoptic Endoscopic Evaluation of Swallowing)

Why am I having this test?

To see how I am eating and drinking and how to help me swallow.



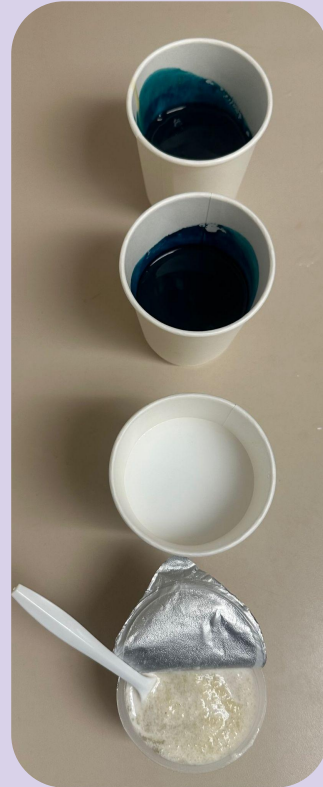
How is the test done?

The SLP will gently place a small camera (like a bendy noodle) in my nose. The camera lets them see inside my throat.



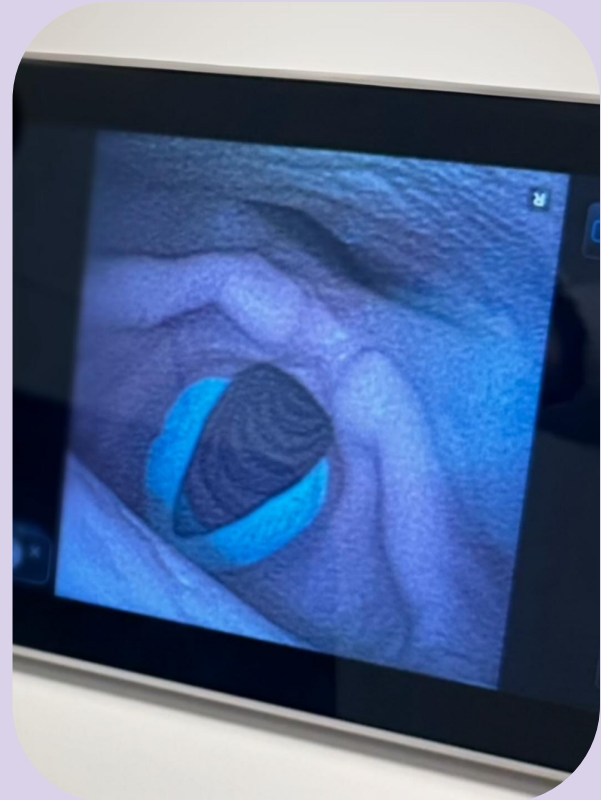
What do I do?

I will sit up in the chair or bed.
I will eat and drink different foods
and liquids. The food coloring
helps to see the swallows more
clearly on the camera.



What does the camera see?

The camera looks down into my throat and shows how food and liquid go down. I may feel a tickle or some pressure in my nose but it won't last long. I will still be able to breathe and use my voice.

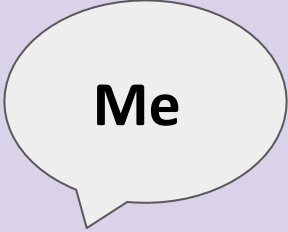


What happens after the test?

The camera will come out. The SLP will talk to me about what they saw. They will make a plan with me about foods and liquids or if I need to wait to eat and drink.



SLP



Me