

**What did the
swallow study
show?**

**How does this
food or liquid
keep me safe?**

**What would
happen if I
don't follow this
diet?**

**Is the diet
temporary or
permanent?**

**What are the
risks of staying
on a regular
diet?**

**What are the
risks of
changing my
diet?**

**Can I choose a
different diet?**

**Will this get
better?**

**I want the
safest diet
possible**

**I want to eat
and drink what I
enjoy despite
risks**

**My goal is to
avoid getting
sick**

**My goal is to
enjoy eating
and drinking**

MAYBE

DON'T KNOW

LATER